

OCTOBER 2017
Theme: We are Open Minded

The International School at Mesa Del Sol
 Eatery K-12 Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 10/2 Burrito Beef Bean Green Chile Corn Lettuce & Tomato Tortilla Chips & Salsa Fruit Choice of Milk | 10/3 Chef's Salad Whole Wheat Roll Fruit Choice of Milk | 10/4 Beef Red Chile Enchiladas Lettuce & Tomato Mexican Rice Refried Beans Fruit Choice of Milk | 10/5 Turkey and Swiss Sandwich Baked Potato Chips Salad Fruit Choice of Milk | 10/6 Pizza (Cheese, Pepperoni) Salad Carrot Sticks Fruit Salad Choice of Milk |
| 10/16 Beef Stroganoff Noodles Salad Fruit Vanilla Graham Choice of Milk | 10/17 Grilled Ham & Cheese Baked Beans Coleslaw Fruit Salad Choice of Milk | 10/18 Cheese Enchilada Salad Green Beans Fruit Choice of Milk | 10/19 Salisbury Steak Brown Gravy Whole Wheat Roll Mashed Potatoes Sliced Carrots Fruit Choice of Milk | 10/20 Pizza (Cheese, Pepperoni) Salad Carrot Sticks Fruit Salad Choice of Milk |
| 10/22 Hamburger on a Bun Potato Salad Salad Fruit Choice of Milk | 10/23 Beef Fajitas Tortilla Salsa Pinto Beans Fruit Choice of Milk | 10/24 Chicken Nuggets Kale Slaw Baked Beans Fruit Rice Krispy Treat Choice of Milk | 10/25 Sub Sandwich French Fries Fruit Choice of Milk | 10/26 Pizza (Cheese, Pepperoni) Salad Carrot Sticks Fruit Salad Choice of Milk |

NOVEMBER

THEME: We are RISK TAKERS

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 10/30 Spaghetti & Meat Sauce Caesar Salad Carrot Sticks Fruit Choice of Milk | 10/31 Chicken & Spanish Rice Bowl Salad Fruit Choice of Milk | 11/1 Bean and Cheese Burrito Corn Kernels Veggies Fruit Choice of Milk | 11/2 Tacos Guacamole Refried Beans Fruit Rice Krispy Treat Choice of Milk | 11/3 Pizza (Cheese, Pepperoni) Salad Carrot Sticks Fruit Salad Choice of Milk |
| 11/6 Macaroni and Cheese Salad Fruit Graham Crackers Choice of Milk | 11/7 BBQ Chicken Wrap French Fries Fruit Choice of Milk | 11/8 Chicken Quesadilla Tortilla Chip Yellow Salsa Lettuce & Tomato Pinto Beans Orange Smiles Choice of Milk | 11/9 Corn Chip Pie Salad Fruit Choice of Milk | 11/10 VETERANS DAY HOLIDAY |
| 11/13 Chicken Caesar Wrap Corn 3 Bean Salad Fruit Choice of Milk | 11/14 Ham & Cheese Sandwich Salad Carrot Sticks Fruit Choice of Milk | 11/15 BBQ Pulled Pork French Fries Coleslaw Fruit Choice of Milk | 11/16 Chicken Fajitas Tortilla Salsa Pinto Beans Fruit Salad Choice of Milk | 11/17 Pizza (Cheese, Pepperoni) Salad Carrot Sticks Fruit Salad Choice of Milk |

NOVEMBER 20 and 21st – PYP Student Led Conferences and Middle/HS In-Service
 November 22nd – 24 – THANKSGIVING HOLIDAYS