

Year 1 Grade 6 Physical Education

Unit Title	MYP Key Concept	MYP Related Concepts	MYP Global Context	Statement of Inquiry	MYP (Criterion) Objectives	ATL Skills	Content Knowledge
Unit 1 Recognize your Potential Strength	Relationships	Development Systems Change	Identities and Relationships	The relationships within fitness components have clear systems that solidify proper techniques which develop positive change .	A i, ii, iii B i, ii C i D i	Thinking: Critical Thinking: E.16 Identify obstacles and challenges. Self Management: Organization C.4 Set goals that are challenging and realistic	Content Standard 2: Applies movement concepts and principles to the learning and development of motor skills. Benchmark 2: Demonstrate competency in the use of motor skills, motor behaviors and motor learning concepts in increasingly complex movement situations:
Unit 2 Aesthetics - The Movement of the Body	Communication	Form Culture	Personal and Cultural Expression	Physical activities that demonstrate aesthetic skills in different forms can communicate feelings that allow for cultural expression .	A i B i, ii C ii, iii D ii, iii	Thinking: Creative Thinking: E.2.9 Create original works and ideas: use existing works and ideas in new ways. Self Management: Organization C.2 Create plans to prepare for a summative assessment.	Content Standard 7: Understands that physical activity provides opportunities for enjoyment, challenge, self expression and social interaction. Benchmark 2: Participate in new and challenging physical activities:
Health: Substances	Relationships	Perspective Change	Fairness and Development	Personal perspectives and cultural expression can have a positive impact on personal health.	A i, ii, iii	Thinking: Thinking Critical: E.1 Practice observing carefully in order to recognize problems. Social: Collaboration Skills B.9 Listen actively to other perspectives and ideas.	Content Standard 3: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks. Benchmark 1: Explain the importance of assuming responsibility for personal health behaviors:

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Physical Education Year 2 Grade 7

Unit Title	MYP Key Concept	MYP Related Concepts	MYP Global Context	Statement of Inquiry	MYP (Criterion) Objectives	ATL Skills	Content Knowledge
Unit 1 Team Sports	Communication	Movement Interaction Energy	Fairness and Development	A team must communicate and interact to have successful energetic movement in a fair situation.	C i, ii, iii A i, ii, iii	Communication: A.6 Interpret and use effective modes of non-verbal communication. Thinking Critical: Thinking E.18 Identify trends and forecast possibilities	NMSS-5: Demonstrates responsible personal and social behavior in physical activity settings. Benchmark 4: work cooperatively with a group to achieve group goals:
Unit 2 Competitive Play	Change	Refinement Adaptation	Identities and Relationships	Refinement and adaptation of strategies and relationships among players allows a team to change the outcome of a game.	B i, ii D i, ii, iii	Self-management: Affective skills C.2.13 Resilience; practice bouncing back after adversity, mistakes, and failures Collaboration: A.7 Negotiate ideas and knowledge with peers and teachers.	NMSS - 1: Demonstrates competency in many movement forms and proficiency in a few movements. Benchmark 2 Demonstrate proficiency using basic offensive and defensive strategies while playing a modified version of a learned team and individual sport:
Health Alcohol Tobacco and Drugs	Relationships	Perspective Change	Personal and Cultural Expression	Personal perspectives and cultural expression can have a positive impact on personal health.	A i, ii, iii	Thinking; Thinking Critical: E.1 Practice observing carefully in order to recognize problems.	NMSS 3: Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

						Social: Collaboration Skills B.9 Listen actively to other perspectives and ideas.	Benchmark 2: analyze a personal health assessment to determine health strengths and risks:
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Y3 Physical Education - Health Semester G8

Unit Title	MYP Key Concept	MYP Related Concepts	MYP Global Context	Statement of Inquiry	MYP (Criterion) Objectives	ATL Skills	Content Knowledge
Unit 1: Living Clean Substance Abuse	Communication	Choice Interaction	Identities and Relationships	Functional decisions are created by communication, good choices, moral reasoning and ethical judgment	A B C D	Communication: A.1 Give and receive meaningful feedback. Social: B.6 Manage and resolve conflict and work collaboratively in teams.	S4 B4: Demonstrate the importance of having a positive attitude. S3 B2: Recognize and ignore poor behavior choices of peers. S3 B5: Identify coping skills for dealing with negative or inappropriate behavior. S6 B3: Describe differences between healthy and unhealthy bodies in regards to substance. Ways to cope with peer pressure and substances in social situations.
Unit 2: Choosing for Yourself	Relationships	Choice Balance	Identities and Relationships	Functional relationships are created by choices, moral reasoning and ethical judgment	A B C D	Communication: A.3 Use a variety of speaking techniques to communicate with a variety of audiences. Social: B.2 Practice empathy	B4: Identify a sexual harassment situation and respond appropriately. B2: Accept responsibility for one's own actions and modify behaviors accordingly. S6: B3: Initiate discussion of media influences on behavior choices S3 B5: Identify coping skills for dealing with negative or inappropriate behavior. S6 B6: Explain how the media influences our behavior choices.

							Ways to cope with peer pressure and toxic relationships.